

OCTOBER 2026

OLD SCHOOL TRADITIONS

Rediscover the nostalgic flavours of yesteryear with timeless homecooked dishes, just like how our parents and grandparents used to make them.



Monday, 5 October 2026
Lunch Salmon Rice Bowl \$9
Dinner Roast Pork \$7 Lotus Root, Carrot Soup \$3.50 Tomato Egg \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Tuesday, 6 October 2026
Lunch Porridge with 3 Sides \$9
Dinner Honey-Butter Baked Salmon with Orange-Pineapple Glaze \$8 Kelp, Scallion, Tofu Soup Fried Mini Spring Roll (2pcs) \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Wednesday, 7 October 2026
Lunch Crispy Sheng Mian with Seafood \$9
Dinner (Western) Beef / Chicken Lasagne \$12 Italian Vegetable Soup \$3.50
Dinner (Chinese) Steamed Meat Patty \$7 Wintermelon, Fried Egg, Tanghoon Soup \$3.50 Fried Golden Tofu with Honey Sauce \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Thursday, 8 October 2026
Lunch Pork Slice Bibimbap \$9
Dinner Kam Heong Lala (Spicy / Non-Spicy) OR Kam Heong Fish Chunk (Non-Spicy) \$8 Chinese Yam, Pork Rib Soup \$4.50 Sunny-Side Up \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Friday, 9 October 2026
Lunch Century Egg, Salted Egg Porridge \$4.50 Fried Bee Hoon with Sunny Side Up \$4.50 Cheng Tng with Peach Gum \$3.50
Dinner White-Boiled Prawns OR Cantonese-Style Steamed Barramundi \$8 Pig Stomach, White Pepper Soup OR Chicken, Mushroom Soup \$4.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50 Cheng Tng with Peach Gum \$3.50

Monday, 12 October 2026
Lunch Roast Pork Rice \$9
Dinner "Hot Plate" Tofu with Minced Chicken \$7 YTF Soup \$3.50 Grilled Brinjal \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Tuesday, 13 October 2026
Lunch Creamy Omelette Rice with Prawns \$9
Dinner Steamed Pork Ribs with Fermented Black Beans \$7 Daikon, Corn and Carrot Soup \$3.50 Scrambled Egg \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Wednesday, 14 October 2026
Lunch Creamy Vongole Spaghetti \$9
Dinner (Western) Signature Grilled Chicken Chop Burger \$9 French Fries \$2 Creamy Mushroom Soup \$4.50
Dinner (Chinese) Signature Grilled Chicken Chop \$7 Mixed Mushroom Soup \$3.50 Cold Tofu with Sesame Sauce \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Thursday, 15 October 2026
Lunch Porridge with 3 Sides \$9
Dinner Twice Cooked Pork Belly \$7 (Spicy / Non-Spicy) Beancurd Stick, Black Fungus Salad \$1.50 ABC Soup \$3.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Friday, 16 October 2026
Lunch YTF Bee Hoon Soup \$9 Egg Tart \$2.50
Dinner Vinegar Pig Trotter (Spicy / Non-Spicy) \$8 OR Steamed Chicken with Chinese Mushroom \$8 Seaweed, Egg Drop Soup \$3.50 Enoki Tempura \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50 Egg Tart \$2.50

Monday, 19 October 2026
Lunch Big Breakfast \$9
Dinner Meat "Blind Box" \$7 Lok Mei, Chinese Yam Soup \$4.50 Sunny Side-Up \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Tuesday, 20 October 2026
Lunch Salmon Rice Bowl \$9
Dinner Ginger-Garlic Steamed Prawns \$8 Kelp, Minced Chicken Soup \$3.50 Fried Golden Tofu with Sesame Sauce \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Wednesday, 21 October 2026
Lunch Fried Mee Goreng with Prawns \$9 (Spicy/No-Spicy)
Dinner (Western) Salmon Baked Rice \$12 Creamy Potato Leek Soup \$3.50
Dinner (Chinese) Teriyaki-Baked Salmon \$8 Potato, Leek Soup \$3.50 Fried Mini Spring Roll (2pcs) \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Thursday, 22 October 2026
Lunch Fish Soup with Rice \$9
Dinner Grilled Chicken Wings (2pcs) \$7 Lotus Root, Pork Rib Soup \$3.50 Japchae \$2.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Friday, 23 October 2026
Lunch Porridge with 3 Sides \$9 Pulut Hitam \$3.50
Dinner Minced Chicken with Potato \$7 Kampung Chicken Fig Soup \$4.50 Devised Egg \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50 Pulut Hitam \$3.50

Monday, 26 October 2026
Lunch Nasi Lemak with Fried Chicken Wing \$9
Dinner BBQ Babyback Ribs \$8 Watercress Soup \$3.50 Begedil \$1.50 Veg of Day \$2.50 White \$1 / Brown Rice \$1.50

Tuesday, 27 October 2026
Lunch Bak Kut Teh with Rice \$9
Dinner Steamed Meat Patty \$7 ABC Soup \$3.50 Long Bean Egg \$.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Wednesday, 28 October 2026
Lunch Knife-Shaved Noodles Salad with Pork Sausage \$9
Dinner (Western) Prawn Aglio-Olio Spaghetti \$12 (Spicy / Non-Spicy) Creamy Pumpkin Soup \$4.50 with Toasted Baguette
Dinner (Chinese) Pan-Seared Prawn Omelette \$8 Soft Tofu with Oyster Sauce \$1.50 Pumpkin, Onion Soup \$3.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Thursday, 29 October 2026
Lunch Porridge with 3 Sides \$9
Dinner "Kong Ba Bao" \$8 Seaweed, Egg Drop, Scallion Soup \$3.50 Tofu Noodles Salad \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50

Friday, 30 October 2026
Lunch "1-Pot Lam-Fan" \$9 Steamed Pear \$3.50
Dinner Fried Black Pomfret with Onion Sauce \$8 Rice Cake, Carrot, Egg Drop Soup \$3.50 Egg Tofu with Bonito Flake \$1.50 Veg of Day \$2.50 White Rice \$1 / Brown Rice \$1.50 Steamed Pear \$3.50